## **SMART Budgeting**



## **What We Learned In This Lesson**

A **BUDGET** is a Saving and Spending Plan.



Having A Budget allows you to Plan your Saving & Spending. Here are 3 reasons why everyone should have a Budget:

- a) It helps you Pay Yourself First
- b) Prevents you from Overspending
- c) Allows you to Prioritise between Needs
- & Wants



**SMART** Budgeting is when you:

Save first,

Make a list.

Apportion your money,

Review your spending and

Trim (Cut) your spending.



### Why is this important?

Kids should learn SMART budgeting to build responsible money habits, manage spending, and prioritize needs. This skill promotes financial independence and prepares them for smart money management in the future.

# Parents Scan here!



# Students Scan here!



## Worksheet



#### 1. Name the 3 things you need to do to harness the power of compounding interest.

- a START SAVING / INVESTING EARLY
- b. SAVE / INVEST OFTEN
- C. LEAVE IT ALONE



#### 2. What is a BUDGET?

A Budget is your \_\_\_\_\_ & \_\_\_ SPENDING \_\_\_ plan.

#### 3. Why is Budget important? Match the correct answers

It helps you Pay...

Prevents you from ... & helps you track Your Expenses.

Allows you to...

Over spending

Prioritize

a list.

Pay Yourself FIRST

#### 4. SMART Goals (Fill in the blanks)

• S = SAVE first! SMAKI

• A = APPORTION money accordingly

• R = REVIEW your spending

• T = \_\_\_\_or cut your spending

## Parents Scan here!



Students
Scan here!



#### 5. Answer the following on SMART Budgeting

a. How many % should you set aside for Saving?

Answer: \_\_\_\_\_\_ %

• M = MAKE

b. When making a list, what should you write down?

Answer: NEED or WANT

c. How often should you review your Budget?

Answer: ONCE A WEEK

# Shade the percentage for question 5 (a) 0% 20% 60% 90% 100%

#### <u>Shade the amount for question 5 (c)</u>

